

Stand up (for the champions)

Intermediate Formation

Weser – Ems and Friends 2006 Cloppenburg
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Music by: Right Said Fred

Time: 03:20

Choreo by: Rebecca Ferlemann, Sandra Heimann, Katja Kämmerer, Nils Brammer, Lars Brammer,
Gertrud Brammer, Michael Brammer, Svenja Vennewald

Sequence: **Intro A B Intro A B Bridge C B* Break B**

Stand in a line at least 4 persons

Intro

6 x klatschen und äußeren Arm hoch

make a open V

Part A

2 Basics (L&R) DS RS
L RL

Rocking Chair DS BR UP/H DS RS
L R R L R LR

Triple Brush DS DS DS BR UP/H
L R L R R L

Push Back (R) DS RS RS RS
R LR LR LR

4 Cross Touches S(xif) TCH(ots)
L-R-L-R L R

2 Triple (L&R) DS DS DS RS
L R L RL

2 Basics (L&R)

4 Steps S S S S
L R L R

2 Basics (L&R)

4 Steps L-R-L-R

into 2 lines

Part B

Fancy Double DS DS RS RS
L R LR LR

High Horse DS DT(xif) H DT(unx) H RS BA/H UP/SL DS DS RS
L R L R L RL R L L R L R LR

Repeat: Fancy Double and High Horse

Vine Touch DS DS(xif) DS TCH/H (turn ½ right) DS DS(xif) DS TCH(ib) TCH(ib)
L R L R L R L R L L

Stomp Double STO DS DS RS
L R L RL

Triple (R)

Vine Touch (turn ½ right)

Stomp Double

Triple (R)

4 Basics L-R-L-R

change lines

Intro

4 x klatschen und äußeren Arm hoch

make a closed V

Part A

2 Basics (L&R)

Rocking Chair

Triple Brush

Push Back (R)

4 Cross Touches L-R-L-R

2 Triple (L&R)

2 Basics (L&R)

4 Steps L-R-L-R

2 Basics (L&R)

4 Steps L-R-L-R

into 2 lines

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Part B

Fancy Double
High Horse

Repeat: Fancy Double and High Horse

Vine Touch (turn ½ right)

Stomp Double

Triple (R)

Vine Touch (turn ½ right)

Stomp Double

Triple (R)

4 Basics L-R-L-R

change lines

Bridge

16 Beats

move from lines to an open V - very slowly

Part C

4x 1 Rocking Chair & 1 Rocker DS BR UP/H (turn ¼ left) DS RS RS DS DS STO STO
L R R L R LR LR L R L R

Vine 8 DS DS(xif) DS DS(xib) DS DS(xif) DS RS
L R L R L R L RL
&1 &2 &3 &4 &5 &6 &7 &8

Triple (R) **turn ½ right**

Vine 8 DS DS(xif) DS DS(xib) DS DS(xif) DS RS

Triple (R) **turn ½ right**

2 Alabama DS DT(b) H TCH(ib) H BR UP/H
L R L R L R R L
R L R L R L L R

Part 1/2 B

Fancy Double
High Horse

Repeat: Fancy Double and High Horse **ADD**

2 Triple (L&R)

Break

4 Beats

stand still

Part B *

Fancy Double
High Horse

Repeat: Fancy Double and High Horse

Vine Touch (turn ½ right)

Stomp Double

Triple (R)

Vine Touch (turn ½ right)

Stomp Double

ADD

2 Triple (R&L)

2 Basics (R&L)

into 1 line for the Endposition

