

# YOU AND ME



**Music:** Milow - Amazon download  
**Choreo:** Tina Kipp, Auricher Str. 111, 26721 Emden Germany  
Tel. Fax +49492144433, Email: [TinaKipp@t-online.de](mailto:TinaKipp@t-online.de)

**Level: Basic**  
**Time: 3:17**  
Clog Convention 2011

**Sequence: A C A B C A A B C D BREAK A A B C C**  
**wait 16 beats**

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## **Part A** (32 beats)

**2** Basic DS RS  
L-R L RL  
&1 &2

**4** Toe-Heel T H  
L-R-L-R L L  
& 1

**2** Basic DS RS  
L-R L RL  
&1 &2

Triple DS DS DS RS  
L R L RL  
&1 &2 &3 &4

**REPEAT** all with opposite footwork

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## **Part B** (32 beats)

Push Off DS RS RS RS **move L**  
L RL RL RL  
&1 &2 &3 &4

Push Turn DS RS RS RS **turn 1/2 R**  
R LR LR LR  
&1 &2 &3 &4

Push Forward DS RS RS RS **move diagonal L fwd**  
L RL RL RL  
&1 &2 &3 &4

Push Back DS RS RS RS **move bw**  
R LR LR LR  
&1 &2 &3 &4

**REPEAT** all above

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## **Part C** (16 beats)

Triple DS DS DS RS  
L R L RL  
&1 &2 &3 &4

**4** Toe-Heel T H  
R-L-R-L R R  
& 1

**REPEAT** all above with opposite footwork

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## **Part D** (32 beats)

**8** Triple DS DS DS RS **turn L in a box**  
L-R L R L RL  
&1 &2 &3 &4

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## **Break** (4 beats)

**4** Step S  
L-R-L-R L  
1

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